

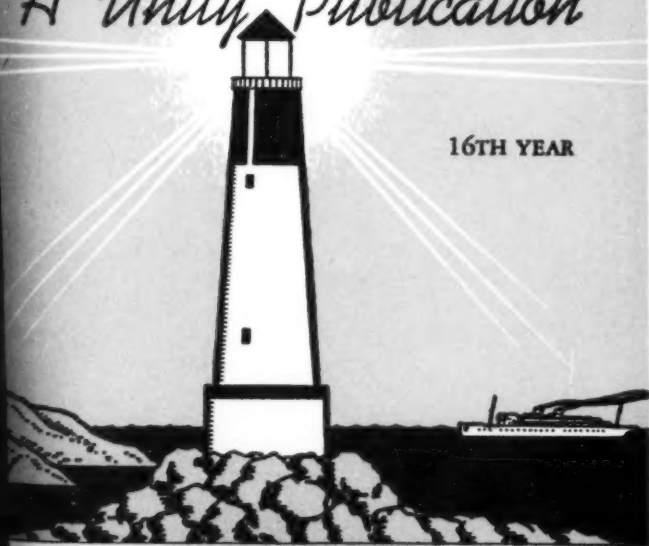
OCTOBER, 1939

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DAILY WORD

A Unity Publication

16TH YEAR



For Each New Day... THE RIGHT WORD
FOR YOUR INSPIRATION

SOCIETY OF SILENT UNITY

Affirmations

SEPTEMBER 20 TO OCTOBER 19

Daily at 11 a. m. join us in this thought for spiritual illumination:

The words of my mouth and the meditations of my heart are acceptable in Thy sight.

At high noon each day concentrate your attention on this thought for prosperity:

I meditate day and night upon Thy bounty, and my prosperity increases by leaps and bounds.

At 9 p. m. each night let us acknowledge the healing power of Spirit with this prayer:

I no longer think or talk about my ills.
From Thee comes life, and I am healed.

Daily Word is nonsectarian, published monthly by the Unity School of Christianity. Single copies may be obtained at Unity libraries and newsstands at 15 cents. Subscription, \$1 a year. Braille subscriptions are sent free to the blind, who are familiar with Grade 1½. These gifts are made possible by love offerings.

We also publish *Good Business, Progress, Wee Wisdom, Unity, Weekly Unity*, and *Unity Sunday School Leaflet* at \$1 a year each.

Subscriptions, renewals, requests for Prosperity Banks, changes of address, book orders, or checks and money orders for publications should be sent to the Publishing Department.

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DAILY WORD

Vol. 31

OCTOBER, 1939

No. 4

PUBLISHED BY THE UNITY SCHOOL OF CHRISTIANITY
FORMERLY EDITED BY FRANK B. WHITNEY. NOW EDITED UNDER
THE SUPERVISION OF SILENT UNITY.

A little companion that daily directs your steps to
the sun-tipped heights in whose glory you shall
behold yourself as a son of God; for such you are.

Silent Unity Comments

As this copy is being made ready for the press friends of Unity from everywhere are gathered here for a three-day celebration of Unity's Golden Half-Century. While many of you have been unable to be with us in person we know that we have your spiritual fellowship and your blessing upon the work of Jesus Christ.

As part of a sacred dedication of ourselves and all Unity students to the work ahead, the following blessing was poured out on those gathered here and those scattered over the face of the earth:

"Whoever you are, wherever you are, whatever your situation appears to be at this moment, realize that you are in the presence of God. . . . He is within and about you.

He is both your indwelling Spirit and your protection ever infolding you. He is your environment of peace and love. That which is beneath you, above you, before you, behind you, and at the side of you is holy. You are one with Almightyness; your environment is God."

We pray that you who read this will be quickened to consecrate your life anew to the way of Truth; that you may sense your oneness with an army united together for the Christian banishment of war, disease, and death. As you live Truth, think Truth, and preach Truth through your transformed life you will be doing a mighty work in bringing forth the kingdom of heaven on earth.

Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Requests addressed to Silent Unity, 917 Tracy Ave., Kansas City, Mo., will receive immediate attention. Compensation is by love offerings.



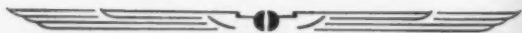
My Prayer to Christ

REBA PAXTON

Lord, teach me when the shadows fall
To know Thy love e'er covers all;
When all seems dark before my view
Then breathe to me Thy faith anew.

Lord, teach me when I seem to fail
To know Thy glory will prevail;
When I feel weak and full of fear
Then let me sense Thy presence near.

Lord, teach me clearly day by day
To know Thou leadest all the way.
With Thee I walk, my soul aflame,
And find the triumph of Thy name!



God's Will Is Life



ONE OF the most inspiring reasons Jesus gave for His coming is found in His words: "I came that they may have life, and may have *it* abundantly." Yet in spite of this assurance we hear people in need of healing say, "If it is God's will, I should like to be healed and live, but if not, His will be done."

Of course we should be receptive to God's will. That is what we as Truth students are seeking to be and encouraging others to be likewise. To those however who think it is not God's will for them to live and be well we give this assurance: "God's will for you is eternal life, radiant health, the Christ perfection fulfilled in you as life, health, perfection, and joy."

A natural question following this assurance may be "How do we know?" We know from the life and teachings of Jesus Christ. There is nothing in any of His vital messages that indicates His belief that suffering, sin, or death is in accord with God's will for His children. Would He have said that He came to bring life abundantly if He had believed that it is God's will for us to suffer and

die? Would He have healed the sick and raised the dead if He had thought that it is the Father's will that they should be sick or dead? No, for He would have been working contrary to the purpose for which He was sent by the Father. He came to reveal to us that God's will is good will. It was of this truth the angels sang on the night that He was born. It was this theme He emphasized in all His teachings, in all His works: works not done of Himself as a man but works done by the Father through Him.

Life is of God, a priceless heritage, eternal. It is never to be terminated as some of us mistakenly think it is to be. It is that part of us which cannot be separated from our Creator. When we become so engrossed in the things of the world as to lose sight of our divine nature, then we may imagine that we should like to escape from life, but such is not the case. We actually want to live. We want to escape from inharmonies, but more than anything else, we want life, more abundant life, more perfect expression of life. This life we may have here and now for the taking. God in us is life, and He wills to express Himself through our body perfectly.

In order that God's will may be done in our body as life and health we must pay heed to Paul's

words "Know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God? . . . glorify God therefore in your body." We must learn how to treat our body, how to give it the divine care it deserves as a "temple of the Holy Spirit."

How have we been treating our body in the past? Have we left it to the dictation of every appetite? Have we called upon it to endure starvation or gluttony according to some fad of dieting? Have we expected it to endure the poisons forced into it by habits of smoking and drinking, the taking of drugs, or the use of the hypodermic needle? Has our body been forced to express the effects of fear, hatred, malice, jealousy, and other forms of negation? Then we should now give our body the treatment it deserves.

Perhaps we may never have realized that no matter what is given our body, no matter what it must endure, there is a divine force working in it to correct all our mistakes in living. For this divine force in our body is continually working to throw off what has wrongly been forced into it. This force works to heal every cut, to join every broken bone, to give the right energy whenever needed, to make perfection manifest at all times.

We should feed our body with the truth that it

is a holy temple designed to express God perfectly in beauty, perfection, life, and vitality. When we wrongly think of our body, the divine force native to it is prevented from doing its restoring, revitalizing work, and there is what the world calls a "physical breakdown." Then we may blame our body and even think that it is God's will for us to suffer or die.

The remedy for every ill is rightly to appraise our body as a "temple of the Holy Spirit." Let us rejoice that our body is filled with the love of God, with the life of God, with the strength of God. Since our body is a temple, let us "glorify God" in our body by refraining from indulgence in aught that would prevent the divine life from doing its perfect work.

As we abide in the consciousness of our body as a temple filled with the holy, vitalizing life of God, we drop every negative idea we have had hitherto, and we know that we have true life, invulnerable life, indestructible life. The more we accept life as our heritage, the more we believe in the presence of life, the more readily we allow it to become manifest in our body temple as health.

Jesus Christ proved that God's will is life by becoming so filled with the consciousness of life that even the cross and tomb could not destroy it.

The Christ Spirit in us is ever urging us likewise to become filled with the consciousness of life, so that we may radiate the fullness of vigor, strength, and energy at all times.

If we seem slow to realize and manifest life in our body as health and perfection, we should not become discouraged. We should make continued effort to master false thinking so as to hold steadfastly to the truth. We should remind ourselves again and again of God's will of life for us so that we may ever hold to the vision of our true source of vitality. This is truly the lifting up of the Christ, and as He is lifted up, He draws all our being up to His consciousness of perfection and wholeness.

So to all who may question if it is God's will for them to be well, to all who may think they are tired of life, to all who hesitate to pray for health or to work for an understanding of life comes this message: "God's will for you is life, and His presence in you gives you power to manifest it in your body. Every cell throughout your body is filled with God life, God-Mind. You are a being wonderfully made. You do wonderful works as you allow God's will of life, health, perfection, and joy to be expressed in your mind and made manifest through your body here and now."

One Moment at a Time



WHAT a blessing it is that we do not have to live our life all at once; that we cannot see before us the experiences to be met tomorrow, next year, or ten years from now. At times we may hear some one say: "Oh, I couldn't meet that experience" or "I couldn't stand to have such a thing to happen to me." Yet we find that when such an experience does come to us we are given strength and fortitude to meet it. Somehow it does not seem as difficult viewed face to face as it does in the distance or when some one else is meeting it. It is part of the law of Spirit that when a seemingly negative situation comes to us the solution arrives simultaneously.

Sometimes we might wish that we could glimpse the joys to come, the happy experiences of tomorrow, but if this were possible we might easily forget to enjoy the blessings of today. The happiness that is ours right now in the ordinary course of life—the rising of the sun, the joy of congenial companions, the comfort and rest of home—all these might vanish into nothingness if we were

too eager to meet and grasp tomorrow's good.

What we are to meet in life is measured out to us in portions we can easily handle. It is given to us one day at a time, one moment at a time. Like all of God's plans the plan of our life is perfect. Each day is a new beginning for us unless we continually look backward, like Lot's wife, and becoming crystallized in the past, feel unable to turn from the old to the new.

The problems we meet today we may have created by our acts of yesterday, yet if we go ahead today doing the best we can, asking God to help us, we shall be shown how to solve these problems, how to turn them into advantages.

Our body may need healing today because of yesterday's neglect or misuse, but God's love, His health, His life are here now, today, ready to be utilized in building anew our body temple as soon as we turn to Him. Our financial affairs may be tangled owing to thoughts of limitation, carelessness, or lack of wisdom in handling what we possess, but by using our best judgment today, by seeking guidance from God we shall be given the wisdom we need now to straighten out these tangles and to commence anew.

Every mistake made in the past is wiped away, forgiven, and forgotten in the sight of God. Jesus

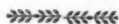
taught this, revealing the principle that redeems us from all mistakes, from all condemnation. The prodigal son was welcomed home without blame or censure. The woman who had sinned much was forgiven freely; Jesus even commented upon one of her good qualities, magnifying it instead of stressing her previous shortcomings. "She loved much," He said. The Christ Spirit ever forgives us, ever enables us to begin life again each moment.

Let us use love, wisdom, kindness, and tolerance not only toward ourselves but toward others. As we do this one moment at a time, leaving the mistakes of yesterday behind and trusting in God to make the way before us clear, happy, and successful we have nothing to fear. We know that there is only one time in Spirit, the eternal now, today, and that we live in eternity as we live in the now: one moment at a time.



Save for the star of hope that gleams forever on the brow of tomorrow, shining with tender promise into the heart of today, I have no possession in that unborn day of grace. . . . Tomorrow is God's day. It will be mine. . . . Therefore I think, and I do, and I journey but one day at a time.
—Robert J. Burdette; *Two Golden Days*.

Power in Your Spoken Word



HAVE YOU ever realized the tremendous power and authority there is in your spoken word? Did you know that the words you speak add power to your silent thought? Some morning when you have finished studying your DAILY WORD lesson, center your attention on the inner meaning of the affirmation for the day. If you are in a place where you can do so, proclaim the affirmative word aloud and with earnest conviction. You will be surprised at the good resulting. Speaking the word aloud tends to convince you more deeply of the truth contained in the affirmation. When you speak in a positive and convincing manner, your words take on the power of the Christ Spirit within you and stir into action the truth you have spoken.

Not long ago I saw depicted on the screen the vibrational effect of the words spoken in making a sound picture. The vibrations of every word spoken were translated into a picture of all kinds of little wavy lines, and the effect of different sounds was very interesting to watch. A weak, hesitant voice produced small, timid lines, while a voice

of conviction, a voice of dynamic assurance, produced strong, positive lines. There is an added effect when words of Truth are spoken. When we speak a word of Truth with assurance and authority it has power to transform our world. Just as our spoken word stirs the atmosphere with vibrant sound waves according to the strength of our voice, so the word of Truth stirs the ethers to make manifest our abundant good according to the confidence with which we speak it.

Jesus said, "Heaven and earth shall pass away, but my words shall not pass away." The words of Truth that He declared can never pass away, for they are founded on the unchanging good will of God. His spoken words brought healing and salvation to those who listened. His words continue to do their effective work in uplifting, inspiring, and healing the multitude in accordance with their faith in His words. The word of Truth spoken by Jesus and resounding down through the ages since declares: "The kingdom of God is within you." "All things whatsoever the Father hath are mine." "I am the light of the world." "Ye are the light of the world." Agree to these words on every possible occasion. Accept every joyous truth for yourself and see your life become transformed in ways of happiness, peace, and plenty.

OCTOBER 1

Sunday

CONSCIOUS THAT I AM ONE WITH GOD, I AM
UNIFIED WITH ALL THAT GOD IS.

ALL THAT man knows God to be man must become. What our thought lays hold of we possess. We make our unity with spiritual things when we perceive that we are one with God. Then God no longer seems apart from man; man is consciously unified and at one with God. The life of God is your life. Realizing this, you cannot lack life. Your life will be full and deathless when you realize that God in you is your all-sufficient and never-ending life.

The substance of God is your substance. He is the substance of your body; He is the substance of all good in your life. The substance of your very existence is the substance of God.

As you agree that you are one with God you invite the prompt and speedy manifestation of God in you and through you. By your consciousness you determine what is to be manifested in your life. By your consciousness you show forth your oneness with God.

* *Thou art no more a servant, but a son; and if a son, then an heir of God through Christ.*—GAL. 4:7 (A. V.).

Monday

OCTOBER 2

JOYOUSLY I WORK TO DO GOD'S WILL.

A FRIEND once said of his job, "It is like playing at the game that gives me the most happiness and the biggest thrill, and getting paid for it." That is what all true labor should be.

Every activity of mind or body should be an activity that conforms to God's will. His will is joyous, generous service. When we learn to cooperate with His will, letting it have its perfect way through us, we find perfect happiness—the kingdom of heaven.

It is not hard work that wears us out but our wrong mental attitude toward it. "The joy of Jehovah is your strength." Every constructive action taken joyously adds strength and suppleness to mind and body. Rejoice and give thanks for every task you have to do, in the knowledge that God is working through you to will and to do His perfect work. Then no matter what your work may be—scrubbing, digging, selling, teaching, or preaching—you will find real joy in it.

☛ *My Father worketh even until now, and I work.*
—JOHN 5:17.

OCTOBER 3

Tuesday

MY HEART IS ONE WITH THE HEART OF GOD,
AND HIS LOVE ENRICHES MY LIFE.

LOVE BINDS us close to God. Jesus said that His commandment on love was the greatest of all the commandments. He was ridiculed and criticized a great deal because He loved every one, including those of low estate. But His purpose was to teach men that in order to draw close to God they must draw close to one another through love.

Realize this day that you are one with all men. Let impersonal love be the motive behind all your services to others and your contacts with them. By building your life upon the foundation of eternal love you cannot fail in anything you do, because "love never faileth."

God is love, and through love you draw close to Him in your consciousness and become acquainted with Him. Thus only good can come into your life, because love is the greatest magnetic force in the lives of men, and it attracts only the likeness of God unto you.

* *This is my commandment, that ye love one another, even as I have loved you.*—JOHN 15:12.

Wednesday

OCTOBER 4

TURNING TO CHRIST, I AM FREED FROM EVERY BURDEN.

WHATEVER takes joy out of life, whatever causes us to feel weighed down or depressed, need have no influence over us, for Christ frees us from every feeling of burden. When we take our burdens to Him, He shows us that we have been carrying them needlessly. He lovingly relieves us of the anxiety and worry we may have been carrying around.

Each of us has his own responsibility to carry, but our burdens are lightened when we release them to Christ. They are adjusted and our experience becomes an experience of love and peace. As we walk with Him His hand is quick to uplift. He has ways of heartening us and giving us strength.

As we turn to His freeing presence not only are we blessed with peace and love but we behold the Christ in those about us and realize that He is lightening their burdens too. We gain a new sense of release from our own burden as we help another, through Christ, to be freed from his burden.

✿ *Come unto me, all ye that labor and are heavy laden, and I will give you rest.*—MATT. 11:28.

✿ B
with

OCTOBER 5

Thursday

I AM SPIRITUALLY OPTIMISTIC BECAUSE MY
FAITH IS IN GOD.

OPTIMISM IS sometimes thought of as the unperturbed acceptance of whatever condition appears, even though it may seem adverse, and as a conforming to the opinion that all events are ordered for the best, coupled with a trustful attitude toward the future.

The philosopher Leibnitz held the view that our world is the best of all possible worlds because God, being all-wise, must know all possible worlds; being all-powerful, He must be able to create whichever He might choose, and being all-good, He must have chosen the best. Such a view is one of spiritual optimism.

We must believe in reality and know that it is essentially good, divinely good, better even than we can now conceive. Our optimism must be based on faith in God and on the assurance that as His children we are heirs to every blessing we can need or desire. Our optimism calls for patience, and our blessings appear according to our faith.

✦ *But if we hope for that which we see not, then do we with patience wait for it.—ROM. 8:25.*

Friday

OCTOBER 6

I AM FILLED WITH TRUE COURAGE BECAUSE
DIVINE FAITH INSPIRES ME.

ALL OF US have a sincere admiration for those who have performed deeds of valor. In our mind's eye we have often visualized ourselves as acting heroically in some time of crisis. This shows that there is something within us that responds to our need and prompts us to act courageously and wisely in time of outward stress. However courage is a quality that not only is inherent but may be cultivated and developed greatly. The deed of valor is a result of the faith that motivated it and of the daily practice in courageous living that prepared for it.

The time to cultivate courage is not in the time of crisis but now, during every minor experience of life. The way to cultivate courage is to meet the situations of everyday life with a strong and noble spirit. Divine faith inspires us to remember that we have been given power and dominion from on high. As we daily practice using our faith, we are courageous at all times.

✿ *Be strong, and let your heart take courage.*—PSALMS 31:24.

✿ SA
CHRO

OCTOBER 7

Saturday

I AM PATIENT BECAUSE I KNOW GOD'S LAW
OF GOOD RULES MY LIFE.

PATIENCE is a quality that pays rich dividends to those who cultivate it rightly. People sometimes overlook the value of patience in their quest for qualities that are apparently more positive and more promising as to results. Yet patience is often the leaven that is needed rightly to balance and complete the demonstration that wisdom, love, or faith may have started.

There have been persons who succumbed to defeat when they were very near to success. There have also been persons who patiently and steadfastly endured even though all the odds seemed to be against them. In either instance the degree of patience used by the individual has been the decisive factor in his success or failure.

In time of doubt or of mental or emotional crisis it is infinitely wiser to await God's perfect guidance patiently than to rely upon the leading of personal impulse or inclination. We thus allow God's plan of good to manifest itself.

♣ *Stand ye still, and see the salvation of Jehovah.*—II
CHRON. 20:17.

Sunday

OCTOBER 8

I EARNESTLY SEEK GOD IN PRAYER, AND HE
BLESSES ME ABUNDANTLY.

HAVE YOU ever stopped to realize what wonders are accomplished through prayer? Have you ever stopped to realize that God answers all righteous prayer? You need but turn to Him in faith, and in proportion as you pray earnestly and steadfastly, in the same proportion you are rewarded.

Prayer is never unavailing. Even though the answer may not always come in the expected way, you need not doubt or be discouraged. God upholds you eternally in His care, and He will bless you with that which is for your highest good. As you make conscious union with the Father in prayer you will come into a full realization that the controlling power, the power to accomplish, lies in your spiritual self. Your needs and desires are intimations of gifts to come, your promise that they will come. As in steadfast, peaceful sincerity you continually pray, all the artificial barriers you have imagined are removed and your good comes into visible expression.

✿ *Ask, and it shall be given you.*—MATT. 7:7.

OCTOBER 9

Monday

I DO NOT POSTPONE THE JOY OF LIVING.
I LIVE AND ENJOY TO THE FULL THE VERY
PRESENT NOW.

WE ALL HAVE ideals toward which we work. We all have in mind a pattern of what we want to be. But if we delay our happiness for the sake of the materialization or full expression of these, we overlook much of life and its joys. If we look with longing toward the time when we shall have made our place in the world or when our financial affairs will have been so ordered that there are no more harassing problems, by our habit of postponing our joy we are robbing this future time of the very thing we hope to attain.

The greatest assurance of a joy-filled future is the cultivation of happiness now. Every step of life's pathway is rich and joyous. Every person, every task, every circumstance bears us blessings. To find them and be glad in them is to fulfill the purpose of Him who made this world and all the good within it. Look joyously and expectantly for the goodness in life all about you.

✱ *Count it all joy, my brethren.*—JAMES 1:2.

Tuesday

OCTOBER 10

THE JUSTICE OF GOD IS NOW ESTABLISHED
IN ME AND IN ALL MY AFFAIRS.

DIVINE JUSTICE is a justice far higher than any human conception of justice. It is a divine ideal of human relationships that truly brings satisfaction to all concerned. God's justice does not favor one person more than another. Perfect harmony, righteousness, and satisfaction can be brought forth in every situation, for it is God's will that justice be experienced and enjoyed by all.

Should you like to see divine justice made manifest in all the affairs of your world? Are you willing to do your part to bring this pleasing condition into expression?

You help to establish divine justice every time you do your part in carrying out the teaching of brotherly love. As you are fair and just toward others, others will be fair and just toward you.

When the law of justice finds expression in your consciousness your whole world is blessed with peace and harmony. The justice you express is returned abundantly.

✿ *For I, Jehovah, love justice.—ISA. 61:8.*

OCTOBER 11

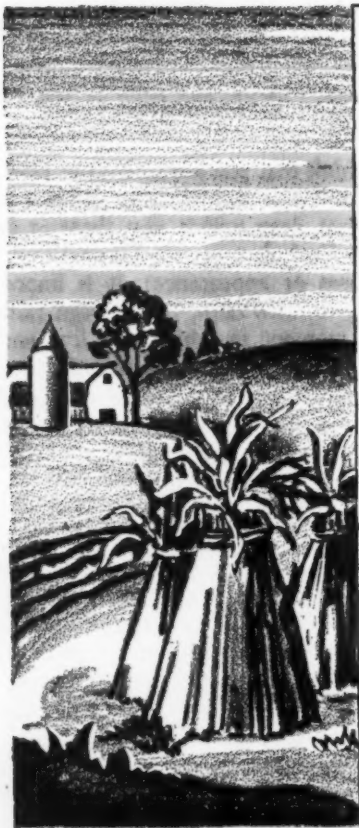
Wednesday

THROUGH FAITH IN GOD MY LIFE IS TRANSFORMED.

YOU MAY think that you are lacking in faith; you may waver at times in your expression of faith; yet deep within you there is an abiding faith in God that cannot be shaken by outer circumstances or appearances. It is impossible for you not to have faith, for through faith you live. Every moment in which you live and think and move you are testifying to your faith.

In Hebrews we read, "Faith is assurance of *things* hoped for, a conviction of things not seen." Your faith in God assures you of unity with His life, substance, and power. Even as He has implanted in you the desire for understanding, for peace, for health, for happiness, and for plenty so has He blessed you with the faith necessary to the fulfillment of these desires. The manner of life you live and the extent of your overcoming measure the extent to which you use your faith with understanding. Today take a step toward remaking your life mentally, spiritually, and physically by reaffirming your faith in God.

❁ *The righteous shall live by his faith.*—HAB. 2:4.



Beside a Bertha

I would not ask a fairer place
Here by this harvest field I stand
And gaze through rows of corn
Beholding in them majesty and

I scan the lengthy rows
And close beside the steps I stand
My heart is rapt with joy
As from a distant land I hear

I cannot join their sweetest song
Lest I by faltering be shamed
Their praises of the truth confess
To lose itself and me again
To grow in blade as sturdy
Who would not stand in silence

I would not seek a fairer place
I here forever would remain
But He who brought the harvest
Has many garnerings filled
I haste away, for human heart
As I have here consumed with

beside a Harvest Field

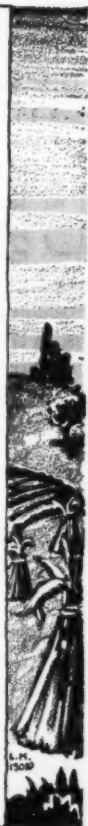
Bertha M. Russell

Not ask a ~~lier~~ place than this for prayer.
In this harvest field I stand, with my head bare,
Through rows of corn shocks stretching on for miles,
In them piety not found in cloistered aisles.

In the long, low, brown turf where plowman's feet have trod,
Beside the steps I see the footprints of my God.
In my rapt winner joy that I can scarce contain
In the distant field I hear the harvesters' refrain.

In their sweetest song; my lips are sealed with awe
That alter the should mar their praises of God's law;
The seeds of truth concealed in grain that fell to earth
To myself and one again as something given birth,
In the blade a sturdy stem and then in ripened ear—
Would not stay in silent awe and worship here?

Not seek a ~~lier~~ place than this to pray;
Never would remain were that God's way.
Who brought the harvest to this golden field
To garners be filled with His rich yield.
To pray, for human hearts await the truth I've found
Here communed with Him on holy ground.



Thursday

OCTOBER 12

I LIFT MY VISION TO SEE GOD'S GOODNESS,
AND I AM QUICKENED WITH A NEW SPIRIT
OF APPRECIATION.

LET US open wide our vision so that we may perceive the beauties all about us that we may have been taking for granted. Where yesterday we might have been worried, anxious, self-centered, this day we are faithful, poised, selfless. Where before we saw the difficult steps in our unfoldment we now see the advance we have made in our growth.

Let us count each blessing today; let us praise and bless our good. If some one offers us negative sympathy or calls to our attention something that we are striving to leave behind, let us speak of the positive, let us call attention to our blessings. So we shall be magnifying and glorifying the manifold works of the Lord.

By quickening a spirit of appreciation we shall find happiness and growth; through praise we shall find an abundance of good.

* *O Lord, how manifold are thy works! in wisdom hast thou made them all: the earth is full of thy riches.*
—PSALMS 104:24 (A. V.).

OCTOBER 13

Friday

I REALIZE MY UNLIMITED FREEDOM, AND I AM FREE TO EXPRESS MY TRUE SELF AS GOD DIRECTS.

TODAY realize your unqualified freedom. Let there be no thought that you can be held in bondage. No one is limited except by his limited thinking. He binds himself when he believes that he is under bondage to people or to things.

Your right to free expression is God-given. You must be free to express God. Your life can be well rounded only when God within you is freely expressed through you and in you. A consciousness of freedom delivers you from all self-imposed bondage and restrictions. You must be free from belief in bondage before you can be free.

Take up any belief that seems to hold you in bondage and clear your mind of it. Deliver yourself from the belief that another can make you unhappy or can limit your progress. Free yourself from the belief that anything external can restrict you or interfere with your full freedom.

✱ *Is not this the fast that I have chosen: to loose the bonds . . . to undo the bands . . . and to let the oppressed go free, and that ye break every yoke?—ISA. 58:6.*

Saturday

OCTOBER 14

I RECOGNIZE GOOD EVERYWHERE BECAUSE I
SEE EVERYTHING AS GOD SEES IT.

A FRIEND is rightly defined as a person "who knows all about you and yet loves you." God looks at us through the eyes of such understanding love and beholds only good in us, for we are His children, made in His likeness.

Wherever we are we may permit ourselves to hear words of gossip, words that would tempt us to hate and to make us see other than good. We cannot close our ears to sounds and we need not be unfriendly, but we can close our eyes and ears to that which would incite us to discordant thinking. Though conditions may appear to be negative and people may seem unfriendly, let your eye behold only the presence of God, the presence of good, and trust wholly in that good to prevail.

God sees the presence of His perfect children right where humans see imperfection and cause for criticism. God sees good where evil seems to be. Let us likewise call forth good in our world by recognizing good only.

* *Thou art of purer eyes than to behold evil, and canst not look on iniquity.*—HAB. 1:13 (A. V.).

OCTOBER 15

Sunday

IN THE QUIETNESS OF SPIRIT WITHIN I FIND
POISE, PEACE, AND UNDERSTANDING.

TODAY YOU turn away from the appearance of any confusion in your life and affairs. You quiet every negative thought and enter into the stillness of communion with the Father. In this quiet and inner stillness you find the peace the world is seeking. You gain new poise to meet the situations of the day and you gain new strength to solve any problems that may arise.

In quietness all inharmonies fade away. You can see all people from the Christ standpoint, and you are patient with them. You do not hold yourself or others under bondage to any thought of discontent or misunderstanding. You free every one into the care of the Christ, and in this freedom you are at peace with all your associates and with all whom you contact this day.

In quietness new understanding is yours. You leave your period of prayer with new insight, and you live this day calm and serene, knowing that Christ in you guides, blesses, and sustains you.

** In returning and rest shall ye be saved; in quietness and in confidence shall be your strength.—ISA. 30:15.*

Monday

OCTOBER 16

GOD IS MY FATHER, AND I INHERIT MY NATURE FROM HIM.

WHENEVER we have an urge to do something worth while, let us not hesitate merely because we do not seem to have an appropriate ancestral background. Whatever our physical lineage may be, our spiritual heredity determines our true capacity for achievement, and it dates from the beginning of time.

Our divine heritage is much stronger than anything that could possibly be transmitted from a physical parent to his child. That heritage makes us inherit Godlikeness rather than human likeness. We inherit not human qualities but divine qualities.

Let us not think, "I have sinned or my parents," when we face dark problems, but let us rather know that the law of God is about to be fulfilled in us. Rejoice that the Father is ever with us and that nothing can appear to handicap our progress. The nature we inherit from God is one of strength, wisdom, and understanding.

✿ *Neither did this man sin, nor his parents: but that the works of God should be made manifest in him.—JOHN 9:3.*

OCTOBER 17

Tuesday

I THINK THE TRUTH ABOUT MYSELF AND MY
WORLD.

WHETHER you realize it or not your life is a process of continual thought. What you give your thought and energy, your attention to, is what you eventually become. What you now see in your own individual world is the result of what you have visioned for yourself.

If you have lost sight of your divinity as a child of God long enough to have thought your way into illness, poverty, or an unpleasant situation, there is no power to keep you there except the thought that you give to such conditions.

Right where you are at this very instant you can begin to think the Truth about yourself and your world. The same power that you have used ignorantly in a negative way you can use intelligently to restore to yourself your divine heritage. You and your world are perfect ideas in a perfect Mind. Remember this and realize it consciously; then you and your world will become outwardly the perfect expressions of God-Mind.

✿ *As he thinketh within himself, so is he.*—PROV. 23:7.

Wednesday

OCTOBER 18

I SURRENDER MYSELF TO GOD'S WILL, AND HIS GOOD IS MADE MANIFEST IN MY LIFE.

GOD'S WILL for you is never anything short of perfection. When you pray, pray definitely and persistently for the things of Spirit: peace, life, substance, joy, love, and wisdom. Expect to receive these blessings in ways that are divinely right and just to all.

The form or manner in which good appears is not of vital importance. If you believe that God's will for you is good, it will certainly be manifested in the way best suited to your own individual happiness and well-being.

The things that God intended for you even before you came into this world are so much greater than the human mind can vision that it is better to surrender your personal will to His divine will and let His goodness become manifest in His own perfect way. Nothing would be worth while if we were not happy and contented with it. True happiness comes from knowing that God's will of abundant blessings is finding expression in our life.

✿ *My meat is to do the will of him that sent me, and to accomplish his work.*—JOHN 4:34.

OCTOBER 19

Thursday

FROM THE SILENT DEPTHS OF MY CHRIST SOUL I GLEAN THE LIGHT FOR THIS DAY.

THOUGH WE may have been in many situations in the past when we did not know just what to do, there has been and is available at all times a light that pierces the darkness of every human confusion. That light has ever been with each of us, but unaware of its presence, we may have acted under the impression that we must depend on our own human knowledge.

The Christ soul is illumined by the light of God, and His all-infolding wisdom becomes our wisdom as we live and think and act in the awareness of our all-wise inner guide.

At all times we need the guidance from on high, the divine light that is greater than the wisdom of earth. We glean that divine light when in stillness we quiet every confused thought and realize that the Christ soul, the Christ self, is ever our guiding light. No matter how petty or perplexing our needs may seem, we can glean the light for this day from the silent depths of our Christ soul.

* *In paths that they know not will I lead them.*—ISA. 42:16.

Affirmations

USED BY THE *Society of*
Silent Unity

OCTOBER 20 TO
NOVEMBER 19

Daily at 11 a. m. join us in this thought for spiritual
*ILLUMINATION . . . From the silent
depths of my Christ soul I glean the
light for this day.*



At high noon each day concentrate your attention on this
thought for

*PROSPERITY . . . No word of lack
escapes my lips. My words are of Thine
inexhaustible bounty, and my prosperity
is apparent.*



At 9 p. m. each night let us acknowledge the power of
Spirit for

*HEALING . . . I am nourished with
words of life and strength, and my
health springs forth speedily.*



OCTOBER 20

Friday

NO WORD OF LACK ESCAPES MY LIPS. MY WORDS ARE OF THINE INEXHAUSTIBLE BOUNTY, AND MY PROSPERITY IS APPARENT.

HAVE YOU ever stopped to grasp fully how inexhaustible God's bounty is? The unnumbered flowers, the countless animals, the endless trees, the truly amazing abundance of everything, all this points to the bounty of God. There is no limit to what He possesses, for all things are of Him, all things tell of His gifts of beauty, satisfaction, supply, and security.

As sons of God we inherit His bounty. How can we dare to speak of lack when we know our oneness with Him? We cannot think or speak of lack while believing firmly in our birthright. Established in the realization of our good, we experience that good in abundance as an outward, obvious fact.

Even though you may seem to lack, you should not speak of it. Speak and think plenty. Form habits of thinking and speaking from the consciousness of God's ever-present abundance.

✿ *The blessing of Jehovah, it maketh rich.*—PROV. 10:22.

Saturday

OCTOBER 21

I AM NOURISHED WITH WORDS OF LIFE AND STRENGTH, AND MY HEALTH SPRINGS FORTH SPEEDILY.

WHEN YOU take words of life and strength and meditate upon them, a marvelous thing takes place. A new feeling of life fills and thrills your body temple and you become conscious of vigorous strength. The words you use call to your attention certain concrete ideas. The more frequently your attention is called to them the more deeply do the ideas take root and become established as part of your consciousness.

Hold in mind and nourish with true words the ideas of life and strength, of energy and radiant health, of activity and power. Ideas are creative, and held in mind, they must ever bring forth good. Any idea is more firmly established in mind when your words express it with positive conviction. Your earnest desire to see ideas of wholeness made manifest, coupled with your true words, will lead to a speedy outpicturing of health.

* *Desire the sincere milk of the word, that ye may grow thereby.*—I PETER 2:2 (A. V.).

OCTOBER 22

Sunday

I FIND COMPLETENESS AND CONTENTMENT
IN CONSTANT COMPANIONSHIP WITH GOD,
MY FATHER.

IN MOMENTS of darkness and despair realize that you are not alone or without comfort. God is the unseen presence that can be relied upon at all times and under all circumstances to bring contentment and companionship. Because God's offer of help is eternal you may enter His presence and ask that all things in life be made right according to His perfect plan.

God never forgets His children, but His children often forget Him. Conscious companionship with the Father brings new confidence, courage, and joy. Have you felt lonely? Have you had moments in which your life seemed empty? If so, it has been at times when you forgot God or left Him out of your life and affairs.

Walking hand in hand with the Father will help you when problems arise, for it will assure you always of divine and perfect help. Consciously turn to His presence ever at your side.

✱ *If any man hear my voice . . . I will come in to him.*
—REV. 3:20.

Monday

OCTOBER 23

THE DIVINE LAW OF GIVING AND RECEIVING
EQUALIZES ALL MY AFFAIRS, AND I GIVE AND
RECEIVE BOUNTIFULLY.

THERE IS a definite law of giving and receiving. It is based upon a consciousness of Truth and of love. The same law that operates in divine giving and receiving works for man. When man learns to give divinely he will receive supremely and abundantly.

Perfect giving does not concern itself about receiving; it simply works according to divine law, knowing that there will always be a supply for the demand. When one gives from Spirit, one may be assured of always having plenty from which to give.

There need be no anxiety about receiving when one has the spiritual consciousness of giving. A person simply knows that he gives from an inexhaustible store. He knows that he is abundantly supplied with whatever he is called upon to give. Enlarging the channel for giving also increases the capacity to receive. The good giver always receives in good measure.

✿ *Give, and it shall be given unto you.*—LUKE 6:38.

THAT WHICH IS ABSOLUTELY TRUE OF GOD
IS TRUE OF ME, GOD'S IMAGE AND LIKENESS.

YOUNG students of metaphysics often balk at high, absolute statements. They are unable to distinguish between that which is absolute Truth and that which appears. A person may say, "I am God's image and likeness," since this is absolutely true, even though to appearances he is anything but such a likeness. Metaphysical statements are based upon the ideal and the absolute, not upon physical fact. The absolute truth is that he who appears most diseased or decrepit is, in the ideal, created in the image and after the likeness of God. The man may not show this truth forth, but the eternal truth is unchanged.

By taking a high statement one lifts and exalts oneself to spiritual heights. By taking a low, negative statement one binds oneself to race conceptions. We can see that it is far wiser to make statements high and absolute than it is to make them negative. High statements stimulate thought and quicken the consciousness into activity.

* *Christ Jesus . . . thought it not robbery to be equal with God.*—PHIL. 2:5, 6 (A. V.).

Wednesday

OCTOBER 25

TURNING IN PRAYER TO THE FATHER WITH-
IN, I REALIZE WISDOM AND POWER.

IN HIS PRAYERS Jesus always referred to the Father. Because of the direct reference young students are sometimes inclined to think of the Father as something separate and apart from themselves. When Jesus turned to the Father, He turned to His own indwelling wisdom and power. He recognized His own spiritual nature as able to solve every problem and master every situation.

The Christ in man is God the Father identified with man. When man aspires in prayer he reaches higher and higher into the consciousness where his Christhood and mastery may be perceived.

The glory of the Father is shed upon man, the divine son. The wisdom and the power of God radiate from the inner depths of man's consciousness until man realizes his innate dominion.

The answer to man's prayer comes when man has given his whole heart to the inner presence and the union has become so complete that he realizes the wisdom of God as his own wisdom.

✿ *I am not alone, because the Father is with me.*—JOHN 16:32.

OCTOBER 26

Thursday

I BEHOLD THE CHRIST IN YOU.

WERE YOU hurt and disillusioned when your friend failed to play the fine role in which you had cast him? Then cheer up, for he is as fine as you ever thought him to be. The qualities you admired in him are still there even if he has not kept them always uppermost.

If you are as good a friend as you expected him to be, you will demonstrate a friend's part. A true friend is one who appreciates the true in others and helps them to express it. You have decided that the imperfect in your friend is not stable or worthy of true love—and you are right. Now the sensible course, the friendly course, is to look for the divine in your friend. Why not? It is all you have ever liked in him.

As a matter of Truth, your friend is even finer than you ever imagined him to be, for in him stirs the Christ ideal of perfection. Look for this perfection, see Christ in him regardless of all obscuring appearances. By so doing you will find your friend again.

✱ *Put on therefore, as God's elect . . . a heart of compassion, kindness . . . forgiving each other.*—COL. 3:12, 13.

Friday

OCTOBER 27

I HAVE FAITH IN GOD AS THE SOURCE OF MY
GOOD.

NEVER think of yourself as poor in any respect. If you have health of mind and body, you are rich. If you have peace in your heart, you are rich. If you have happiness, there is not a blessing absent from your life. All these things you do have, for God has provided them for you. If you are not yet aware of them as being expressed in your life, right now is the time for you to awaken your vision to behold them and to quicken your faith to make them a reality to you.

All that you seem to lack is already yours. The only thing that stands between you and the manifestation of your good is lack of faith. In faith accept from God whatever you desire, whether it be His life for the wholeness of your body, His love for the blessing of your human relationships, His light for making straight the path before you, His substance filling your temporal needs. His good is ever present as your abundant good.

* *Faith is the substance of things hoped for, the evidence of things not seen.*—HEB. 11:1 (A. V.).

MY MIND IS STAYED ON GOD, AND ALL MY
WAYS ARE WAYS OF PEACE.

HAVE YOU ever felt that life is an endless round of ceaseless activity? Perhaps in the hubbub of things it has seemed that you have been preoccupied with doing many things rather than being your true inner self.

No matter how busy you are, no matter how many things await your attention, you can turn right now to God's presence of peace that is within you. God ever abides within the heart of your being, and as you commune with Him He gives you peace.

His peace abides with you throughout your day as poise in all situations. Sustained in the peace of God, you attain quietness of mind, which will enable you to do all that is required of you in an orderly, efficient manner, without hurry or strain. More than this, you will not be bound by your affairs, for you will have become master of them. Your serenity of mind will then carry a blessing of peace and harmony to other hearts.

✱ *Thou wilt keep him in perfect peace, whose mind is stayed on thee.—ISA. 26:3.*

Sunday

OCTOBER 29

THROUGH PRAYER I AM DIVINELY ILLUMINED
AND EXALTED.

OUR FIRST thought in times of adversity should be to pray for guidance and illumination in order that we may find the best method of handling our problem. We turn in prayer to our heavenly Father asking that we, His children, may be lifted up and that our qualities, impulses, and influence may be divinely exerted upon the conditions with which we must deal.

Through prayer every divine quality we possess is so quickened and brought into expression that we can express it in all the affairs of our world. Through prayer we are able to bring into action the added strength and energy so often needed. Through prayer we zealously perform the duties of His kingdom in act, word, and deed.

When we turn to God in prayer, love, mercy, and humility are brought into perfect expression. Living prayer, our divine connection with the Giver of all good, ever opens to us the windows of heaven so that we are blessed.

✿ *Only in Jehovah . . . is righteousness and strength.*
—ISA. 45:24.

OCTOBER 30

Monday

TODAY I ACCEPT NEW OPPORTUNITIES TO INCREASE THE GOOD GOD HAS IN STORE FOR ME.

EVERY DAY new opportunities present themselves. You no longer think of opportunity as being past, for you recognize that you are a child of God and that He is constantly presenting you with new opportunities to fulfill His divine ideal.

If you have failed to take advantage of opportunities for good in the past, do not feel that you cannot accept present opportunities. Today you free yourself and all people whom you contact from any negative bondage to the past. You see yourself and your friends as they are in Spirit; that is, free, triumphant, and courageous. You see yourself and others accepting the challenge of new ideas, and you have faith in the power of Christ in you and in all people to meet these challenges.

You are awakened spiritually to new opportunities, and you press steadfastly on toward the new goals that each day presents.

• *What is old is gone, the new has come.*—II COR. 5:17 (Moffat).

Tuesday

OCTOBER 31

I AM FREE FROM FEAR, FOR GOD'S OVERCOMING POWER SUSTAINS ME.

NO ONE ever truly opens his heart to God without receiving God's rich blessings. Your thoughts must be serene and full of faith; you must trust Him implicitly. Then He will help you meet and overcome anything that you do not desire in your life.

You are living in a world peopled by individuals like yourself, and each is infolded in God's love. As you have grown from a small child you have undoubtedly outgrown and overcome many little habits and faults. Many of them may not have seemed Christlike, but nevertheless they have been overcome and long since forgotten. Now you can expect your overcoming power to be even greater and stronger, for as you met victoriously the problems of your childhood, problems that may now seem to have been insignificant, you gained in strength, courage, and power.

God is your help and your complete deliverance. His overcoming power ever sustains you.

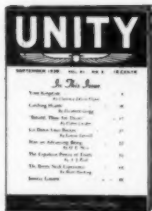
☛ *Greater is he that is in you than he that is in the world.*—I JOHN 4:4.

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Articles That Show You How to Use the Laws of Prosperity

"You Can Be Prosperous" is the first of a series of six prosperity articles by W. I. Hoschouer to be published in UNITY magazine beginning in October. These six articles not only encourage you to seek prosperity but also show you how to lay hold of the laws that govern it and put them to work in your life and affairs.

If you want increased supply, a steady income, or greater success in your present work, the directions given you in these articles will be a real help to you. Subscribe for UNITY magazine now and start with the very first article. UNITY is \$1 a year.



How Unity Grew



A tent housed one of Unity's early meetings. Picture taken in Colorado in 1901.

This is one of the seventy-six photographs in the new book Unity's Fifty Golden Years that help illustrate how the Unity work has grown. The book is regularly \$1, but when you send three DAILY WORD gift subscriptions to introduce friends to Unity, you receive a copy free—a thank-you for your help in spreading Truth. Remittance should accompany each order.

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Unity's Prosperity Bank plan cures your sense of insecurity by helping you build so strong a consciousness of the abiding riches of God that neither depression, nor old age, nor any other circumstance can affect you.

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READY IN OCTOBER

A New Book by Charles Fillmore

JESUS CHRIST HEALS

IN this book Charles Fillmore brings you the very fundamentals of Christian healing. He reveals to you the principles that during the past fifty years he has proved over and over again.

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Unity School of Christianity, 917 Tracy, Kansas City, Missouri

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